



PILGRIM INFORMATION AN AND APPLICATION FORM

What is a Walk to Emmaus?

In Luke 24 we read the story of the risen Christ appearing to two disciples who were walking from Jerusalem to Emmaus. He explained the Scriptures, and their hearts were warmed. Their eyes were only fully opened to recognize Him when Christ took bread, blessed, and broke it, then gave it to them. Filled with joy, they rushed back to Jerusalem to share the news with the other disciples. This story provides the image of Emmaus. The Emmaus movement came to Southern Africa in 1990 from the United Methodist Church in the USA, which in turn developed it from the Spanish Roman Catholic Cursillio de Cristiandad (a short course in Christianity), which started in the late 1940's. The Emmaus movement is true to Protestant theology, with some Methodist emphases, but is ecumenical in practice. Emmaus is seeking to find authentic expression in the cultures of Africa, while retaining the wealth of Christian experience from other cultures. God is using Emmaus in Southern Africa to bring reconciliation between races, and renewal to Christians and their churches.

The purpose of Emmaus:

Emmaus aims to bring spiritual renewal to Christians who will, in turn, bring new life and vision in their church, home, workplace and community.

Who should go to Emmaus?

Emmaus is for growing Christians who are open to experience the grace and love of God in new ways through the Christian Community. Moreover, it is for those who are likely to be committed to make a difference as a result of this experience.

What happens on an Emmaus Walk?

Each Walk is a 72-hour experience (Thursday to Sunday afternoon). This time is spent studying, discussing, worshipping, and living together as a Christian community. Fifteen talks, given by clergy and laity, form the basis of the discussions and projects. These present the theme of God's Grace and how grace comes alive in the Christian Community. You will have the opportunity to celebrate Holy Communion daily and begin to understand more fully the presence of Christ in the body of His believers. The prayers and acts of love of a lively supporting community enhance this. **The 72 hours is a sacrificial offering on your part – we therefore ask that you leave your cell phone at home.**

What happens after an Emmaus Walk?

One of the primary strengths of Emmaus is the follow up. Your weekend lasts three days, but you are invited to build on it for the rest of your life by expanding your spiritual life through study and congregational participation and becoming more active as a disciple of Christ in the world through your home church. To nurture this discipleship, Emmaus offers specific opportunities:

- * Small "Reunion Groups" that meet regularly to maintain spiritual accountability.
- * Community Gatherings for fellowship and worship (± 10 annually).
- * Opportunities and training to serve on future Walks.

How to apply to participate in Emmaus:

The attached form needs to be completed by all of the following if it is to be considered:

- * **The Applicant=]**
- * **The Spiritual Sponsor.** This is someone who has already attended a Walk to Emmaus, and will undertake to explain the weekend, pray for the participant, and assist in practical requirements.
- * **The Applicant's own Minister/Pastor,** to ensure that the applicant is under submission to the home church. If a Minister/Pastor requires more information, the Emmaus Community Spiritual Director can be contacted on details below.

Cost

The current cost of the three days is TBC which includes accommodation and all meals. We ask that this amount be settled before the Walk starts. In the event of it being necessary to cancel once you have been accepted on the Walk, please let **the Registrar** know immediately so that the place can be offered to another person. The fee is non-refundable but can be carried forward to a future walk. The dates of the walks are Men – 28-31 August 2025, Ladies – 4-7 September 2025.

Only 42 people can be admitted on any one weekend. Your application will be considered prayerfully, and you will be informed about the status of your application.

Community Lay Director Email: cld@gloriosa.emsa.org.za	Community Spiritual Director Email: csd@gloriosa.emsa.org.za	Registrar Email: registrar@gloriosa.emsa.org.za
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Dates of Walks: Venue: Emseni
 Men's Walk # 121: 28-31 August 2025
 Ladies Walk #122: 4-7 September 2025
 Online application link: <https://forms.gle/GprbhPMg5cyUrt8c9>

GLORIOSA EMMAUS COMMUNITY

Electronic transfers or deposits:
 Gloriosa Emmaus Community
 First National Bank; Acc #: 551 5003 4996 Branch code: 252145 (Hatfield);
 Reference: **Applicant's Name, Surname & Walk#**

This form & proof of payment to be sent to:
The Emmaus Registrar,
Email: registrar@gloriosa.emsa.org.za
Fees for Walk : TBC

NO CASH PAYMENTS PLEASE

PLEASE SELECT YOUR PREFERENCE (X)	MEN'S WALK	LADIES' WALK

2024 APPLICATION FORM N.B. (LEGIBLE CAPITAL LETTERS IN PEN PLEASE) PLEASE DO NOT TAKE PHOTO AND SEND BY CELLPHONE ONLY FULL COMPLETED EMAILED APPLICATIONS WILL BE CONSIDERED

Title: _____ Surname: _____ Name by which you are called: _____

Postal address: _____ Code: _____

E-mail address: _____ Date of birth: _____
 (YYYY/MM/DD)

Phone (H): _____ (W): _____ Cell: _____

Marital Status: Married ___ Single ___ If married, has your spouse attended an Emmaus Walk: Yes ___ No ___
 If no, will your spouse be attending the next Emmaus Walk? Yes ___ No ___

Please specify any special conditions that might affect your participation: health, medication, special diet, mobility, disability, etc:

Church's Name: _____ Denomination: _____

Briefly state your involvement in your local church: _____

Why do you wish to attend the Walk and what do you expect from it? _____

Has your Sponsor explained the weekend to you? Yes No

While you are on the Walk it may be necessary to contact your family and home or a close friend.

Please give us the names and contact details of three close family members or friends

1. Name	Contact no:	Email:
2. Name	Contact no:	Email:
3. Name	Contact no:	Email:

I realise that the walk to Emmaus is inter-denominational, and I am comfortable with the teachings and practices of the mainline churches. (Electronic submission implies signed consent)

Signed: _____ Date: _____

To be completed by the applicant's minister/Pastor.		I support this application to attend a Walk to Emmaus	
Minister's / Pastor's name:		Signature:	
E-mail:		Contact no:	Date:

To be completed by the Sponsor		(I accept the commitment as per the attached Sponsor's Checklist.)	
Sponsor's name:		Signature:	
E-mail:		Contact no:	Date: